

November 2021 Newsletter

Feeling the Grief? There's a Solution for That ...

During this time of transition, how are you reacting to the mounting pressures of our world?

It's a period of grief and hopelessness for many – as the days darken, as the sky pours down upon the parched earth, as our leaders fail to act.

It's important to feel that grief, to let it have its space – because it is a logical reaction to where we find ourselves. We truly are in a crisis.

What I've found helps me the most, when this grief threatens to pull me under, is to act. To get busy making positive change happen with people I like. To have fun together while working on climate change, to take care of myself and my colleagues. When this happens, I quickly return to **HOPE** and have more energy for the never-ending work of this seemingly impossible task.

I want to invite you to reconnect to hope by educating yourself through Transition Salt Spring's newsletter, attending our events, volunteering your time, and donating. There is so much that needs to be done. You can be part of building new ways for all of us to live in more balance within ourselves, our community, and our planet.

Want to volunteer? Find out how.

Want to become a donor? Giving Tuesday is a great time to give.

Want to know what you can do? Get connected to the <u>Climate Action</u>

<u>Coach</u> program to learn about home retrofits and our upcoming Woodstove

Upgrade Rebate.

Hope to see you at our next webinar on 'Home Energy Assessments, Insulation and Draft Sealing' on Dec 7th. Register today.

I know you can make a real difference. Join us at Transition Salt Spring, and let's do this together.

With my sincere thanks,

Darlene Gage

TSS Programs Manager



Donate Today

See our latest video!

We are hiring for our communications team!

See details here

Register for our next Climate Action Coach Webinar



A Public Live Zoom Presentation/Discussion

>>Suggested donation: \$10







Transition Salt Spring

Copyright © 2021 Transition Salt Spring Society

Our mailing address is:
P.O. Box 768, Salt Spring Island BC, V8K 2W3







Want to change how you receive these emails?
You can <u>unsubscribe from this list</u>.

